

USEFUL NUMBERS

In an emergency, call 999 first

The following are agencies or charities that can provide help, information or advice. Some of these are not emergency numbers.

Police (24hrs) – 101

For information or advice in a non-emergency

Social Services (out of hours) - 03000 41 91 91

To report concerns about an adult or child (emergency number outside office hours)

Kent Children's Services - 03000 41 11 11

To report concerns about a child during normal office hours

Kent Adult Services - 03000 41 61 61

To report concerns about an adult during normal office hours

Stop It Now Helpline - 0808 1000 900 (website www.stopitnow.org.uk)

For any concerns about child sexual abuse in UK and Northern Ireland

Childline - 0800 11 11 (website www.childline.org.uk)

If you are under 19 years of age, Childline will talk to you about anything from abuse or bullying to exam stress or relationships. Childline is now part of the NSPCC.

NSPCC – 0808 800 5000 (www.NSPCC.org.uk)

For adults concerned about the welfare of a child.

Action On Elder Abuse Helpline - 080 8808 8141 (Monday to Friday office hours – www.elderabuse.org.uk)

Provides support, advice and information to victims or those worried about abuse towards an elderly person.

National Domestic Violence Helpline - 0844 804 4999 (www.ncdv.org.uk)

The National Centre for Domestic Violence (NCDV) can help you obtain emergency injunctions. If you are in immediate danger call 999.